




# Crisis Resources

 <p>Georgia Crisis &amp; Access Line 1-800-715-4225 mygal.com</p>	<p>A free 24/7 helpline providing mental health crisis assistance and access to mental health resources throughout the state of Georgia</p>	<p>1-800-715-4225 or mygal.com.</p>
	<p>For emergencies in which law enforcement may be called, ask for a Crisis Intervention Team (CIT) officer</p>	<p>Dial 9-1-1</p>
 <p>CRISIS TEXT LINE   Text GA to 741741 A free, 24/7 text line for people in crisis.</p>	<p>Reach a trained counselor by text message. Youth and teens are especially welcome.</p>	<p>Text 'GA' to 741-741.</p>
 <p>NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255) suicidepreventionlifeline.org</p>	<p>Suicide Prevention Lifeline</p>	<p>1-800-273-TALK or 1-800-SUICIDE</p>



MyGCAL App



Find Support Today!

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If you are experiencing technical issues with Chat or text, and are in crisis, please call 1-800-715-4225

Or Download and Use the Georgia Crisis and Access Line (GCAL) App to chat, text, or call